

SUICIDE PREVENTION

Did you know...

2nd leading cause of death in youth between ages 10-18

daily # of attempts in grades 7-12 **5400**

Youth Risk Behavior Surveillance.
Center for Disease Control and
Prevention: 2015.



4 out of 5 teens who attempt suicide give clear warning signals

Warning Signals

Dark Social Media Posts

Signs of Depression & Despair

Sudden Interest in Death

Giving Away Favorite Things

Sudden Reckless Behavior

Crisis Text Line: **741741**

Know the warning signals. Take suicide threats seriously, and get help.

Keep weapons & medications away from kids - especially if they seem depressed.

Bring the SAY SOMETHING app to your community!
www.sandyhook-promise.org/bringsaysomething

Hey, PARENTS!
Hey, KIDS!

Feeling hopeless?
Considering suicide?
Text **741741**
It's 24/7 and totally private.

Being bullied?
Text or talk to a trusted adult.
It's not tattling!

If you notice a dark post from a friend, tell an adult.
You could save a life!

#SONGSTRONG

Keep Kids Safe!

The **Ethan Miller Song Foundation** is dedicated to supporting causes that keep kids and animals safe.
Visit or donate by going to www.songstrong.org